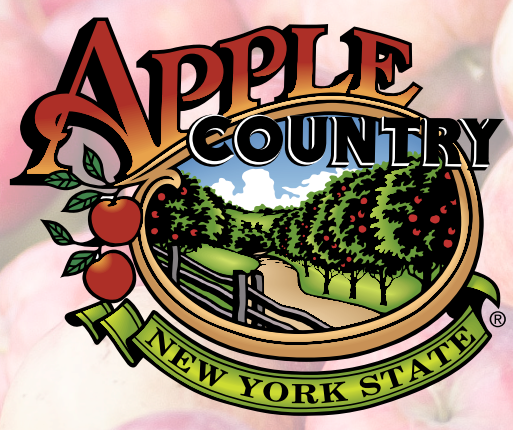




# September 2015

Sponsored By:



WWW.NYAPPLECOUNTRY.COM

New York Apple Association

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APPLES		1 New York ranks second in apple production in the U.S.!	2 New York produces an average of 30 million bushels of apples annually.	3 In 1970, the apple was named New York’s official fruit.	4 Three of the most popular apple varieties are McIntosh, Empire & Red Delicious.	5  Empire
	6 All apples are picked by hand.	7 	8 Apple trees bloom in the spring. Those flowers are pollinated and grow into apples.	9 Apples contain natural sugars called fructose.	10 Apples can float. They are made up of 25% air.	11 Apples are a good source of vitamin C.
12  Red Delicious	13 New York has favorable soils, routine rainfall, and the right temperatures to grow apples.	14 In 1730, the first apple tree nursery was opened in Flushing, New York.	15 A medium size apple only has 80 calories.	16 Words to Learn: Orchard Pollinated Bushel	17 75 years ago growers planted 100 trees per acre, and trees could live for over a hundred years.	18 Apples contain pectin and other fibers that aid in digestion when you eat.
19  McIntosh	20 The biggest apple pie weighed 30,116 pounds!	21 The science of growing apples is called Pomology.	22 It takes about 2 pounds of apples to make one apple pie.	23 	24 There are 2,500 different varieties of apples grown in the U.S.	25 Today orchardists plant over 1,000 trees per acre, and can harvest over 1,400 bushels per acre.
26 	27 	28 Americans eat 45 pounds of apples and apple products a year.	29 Many farmers have beehives in the orchard so that the bees can pollinate the apple blossoms.	30 A bushel of apples weighs 42 pounds.	NYFBFOUNDATION.ORG	